



Getafix First Aid Courses

REC Emergency First Aid

2 day course based at One planet adventure, Llandegla, North Wales

Price £160 inclusive of lecture room costs, course registration and certificate, learning resources and refreshments.

Teas/coffee will be provided both for elevenses and again in the afternoon.

Transport and accommodation is not included.

Llandegla is an ideal venue, in partnership with One planet adventure we have a comfortable classroom (as pictured) and surrounding woodland terrain with lake and streams; perfect for setting outdoor scenarios.

I know you will love it here !!

We also offer a fantastic cafe where you can choose to eat your lunch (priding itself on being voted "Britains best bacon butty"!!). Coffee is proper expresso - not rubbish!! and the huge range of cakes are all home made!!

Accommodation can be found locally in Llangollen or nearby Ty Nant (links are below)

You will need to bring with you:

- Lunches for both days
- Notebook and pens
- Lunch for both days
- Waterproofs and appropriate foot wear for rolling around on the floor outside (these can be provided if requested)
- Hat and gloves (most of the course is based outside)

Please note parking permits are available from reception on arrival (ie you dont have to pay for parking!!)

Accommodation links: www.ffynnonwen.co.uk www.llangollenhostel.co.uk

